

Phase-3 Clinical Development of Samelisant: Rationale andStudy Design for Treating Excessive Daytime Sleepiness In Patients with Narcolepsy (AWAKE STUDY)

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Introduction:

Samelisant is a novel, selective and orally active inverse agonist at the histamine receptor, subtype 3 (H3Rs), intended for the treatment of disorders related to sleep like narcolepsy with or without cataplexy, idiopathic hypersomnia, obstructive sleep apnea, etc. In orexin knockout mice, Samelisant demonstrated significant wake-promoting and anticataplectic effects, supporting its therapeutic potential. The Samelisant Phase-1 program included 72 healthy humans and provided preliminary clinical safety and pharmacokinetic (PK) data. Samelisant was well tolerated in both single-dose (up to 20 mg oral [PO]) and multiple-dose administrations (up to 6 mg PO for 14 days). Food, gender, and age had no appreciable effect on the PK profile of Samelisant. In a Phase-2 double-blind, randomized study, Samelisant produced a statistically significant and clinically meaningful reduction in excessive daytime sleepiness (EDS), as measured by the Epworth Sleepiness Scale (ESS) total score (p <0.024). Improvements in ESS total score were consistent with favorable changes in Clinical Global Impression–Severity (CGI-S), Patient Global Impression of Change (PGI-C), and Clinical Global Impression of Change (CGI-C) scores. Samelisant was well tolerated, with a favorable safety profile. Based on the encouraging results from the Phase-2 study, a Phase-3 study has been initiated.

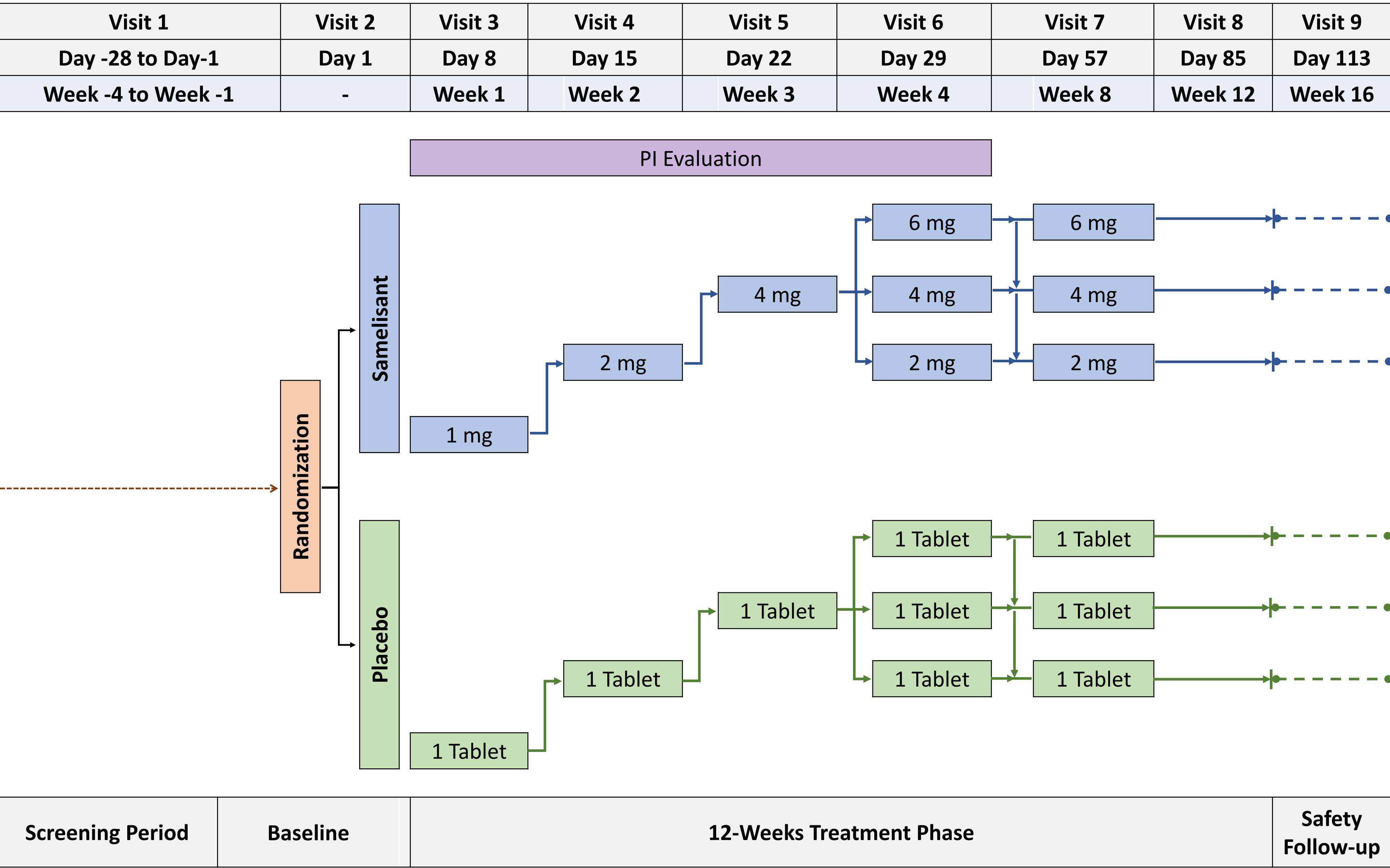
Objective:

To evaluate the efficacy and safety of Samelisant for treatment of EDS in narcolepsy patients.

Methods:

This study will be conducted at approximately 80 centers in North America and Europe. After a screening period of up to 4 weeks, approximately 240 participants will be randomized in a 2:1 ratio to receive either Samelisant or Placebo (160 participants in Samelisant and 80 participants in Placebo group) for 12 weeks (4-week dose adjustment phase followed by an 8-week stable dose phase), and will then be followed up for another 4 weeks for safety evaluation. It is anticipated that 192 participants will complete the study (128 and 64 for Samelisant and placebo, respectively).

Fig 1. Phase-3 Study Design



Visits:

After the screening period, participants will come to site visits at Day 1 (Baseline), Day 8, Day 15, Day 22, Day 29, Day 57, and Day 85 during the treatment period. A safety follow-up visit will be performed at the study site on Day 113.

Endpoints:

Primary Endpoint	➤ Changes from Baseline in ESS total score at Week 12
Secondary Endpoints	➤ Change from Baseline for MWT score at Week 12 ➤ Change from Baseline in the CGI-S score as related to EDS at Week 12 ➤ Change from Baseline in Weekly Cataplexy Rate (WCR) for NT1 at Week 12 ➤ Change from Baseline in NSS-CT score for NT1 at Week 12
Safety Endpoints	➤ Physical examinations ➤ Laboratory assessments, including hematology, serum chemistry and urinalysis ➤ ECG parameters ➤ AEs ➤ Vital signs ➤ C-SSRS responses

Key Inclusion Criteria:

- Participants must be male or female of ≥18 years of age.
- Narcolepsy with or without cataplexy (NT1) or (NT2) based on the International Classification of Sleep Disorders 3-TR/Diagnostic and Statistical Manual of Mental Disorders (DSM-5-TR) criteria for the diagnosis of narcolepsy.
- For narcolepsy type 1 (NT1) only, current continuing presence of cataplexy as defined by participant report for the last 3 months and have average of ≥4 weekly cataplexy events during the last 2 weeks of the washout period.
- At the Screening visit and the Baseline visit, participants who are not on treatment for EDS must have ESS score ≥12 (as assessed with a look-back period of 1 week).
- A mean MWT time of <12 minutes across the first 4 sessions at Baseline visit.
- Able to show compliance with sleep diary entries for at least 5 times per week in the final 2 weeks of the screening period.

Key Exclusion Criteria:

- Median habitual wake-up time after 9 AM as assessed by sleep diary, habitual sleep time of <6 h and median habitual bedtime past 1 AM, as determined by sleep diary entries.
- Use of any investigational therapy within the 30-day period (or 5 half-lives, whichever is longer) prior to enrollment.
- History of (within past 3 months) or current substance use disorder involving illicit drugs, alcohol, or marijuana, as per DSM-5-TR criteria.
- Excessive caffeine (defined as >600 mg/day) use at least 1 week prior to baseline assessments and during the study.
- Nicotine dependence that affects sleep (eg, a participant who routinely awakens at night to smoke).
- If receiving stimulants, modafinil, oxybates, pitolisant, solriamfetol, bupropion or other treatments for narcolepsy, and unwilling or unable to complete weaning 2 weeks prior to Baseline visit (Day 1).
- Concurrent use of hypnotics, tranquilizers, centrally acting H1 receptor antagonists, benzodiazepines, anticonvulsants, or clonidine, tricyclic antidepressants that have H1-antihistamine properties (clomipramine and protriptyline).
- Adjunctive pharmacotherapy directed against cataplexy (including but not limited to venlafaxine, fluoxetine and gamma hydroxybutyrate) is prohibited.

Recruiting Across the United States, Canada, France, Germany, Italy and Spain (NCT07540364, EU CT No. 2026-527000-24-00)